

July '17

S	M	T	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September '17

S	M	T	W	Th	F	Sa
						1
						2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Fire Drill 9am Exercise 10am	3 Tai Chi for balance 10am NAPS Noon-12:30	4	5
6	7 Bible Study 6pm-7pm Lib	8 OFFICE CLOSED	9 Exercise 10am	10 Tai Chi for balance 10am	11	12 Comm. Rm RESERVED 2pm - ?? Library RESV 2pm-??
13	14 Bible Study 6pm-7pm Lib	15 Church 9am-Lib	16 Exercise 10am Living Well 2-4:30	17 Tai Chi for balance 10am	18	19
20	21 Assoc. & Hall Mont. meeting 3pm Bible Study 6pm-7pm Lib	22 Church 9am-Lib	23 Exercise 10am Living Well 2-4:30	24 Tai Chi for balance 10am Comm Rm RESERVED 5:30-8:30	25	26
27	28 Bible Study 6pm-7pm Lib	29 Church 9am-Lib	30 Blood Pressure 9am Exercise 10am Living Well 2-4:30	31 Tai Chi for balance 10am		



 **Hi-Rise Beauty Salon 428-2275**
HOURS:
 Tues -Wed - Thurs - Fri 9am - 3pm
 Sat - Sun - Mon CLOSED

Welcome New Tenants:
Emil "Joe" LaRue Jr.

"Living Well with Chronic Conditions" (Faith Haven Library)
 6 week class (Wednesdays 2pm - 4:30pm) which explores healthy ways to live & maintain an active lifestyle while managing chronic conditions.

Must pre-register