


FAITH HAVEN OFFICE NEWS

July- August 2017

July Birthdays

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- 5th - Betty Bennewise
6th – Lori Garfve-Efteland
7th – Marie Lemert
8th – Carol Fanaselle & Esther Perrault
9th – Linda Beck
10th – MariAnne Isakson
11th – Remson “Buzz” Ward & Jerry Senzig
11th – Beverly McDevitt
18th – Jake Lepak
21st – Richard Udovich
22nd – Marilyn Harp & JoEllen Carroll
23rd – Janet Winkler
25th - Harriet Grundahl
26th – Linda Syrjanen
29th – Sharon Anstett
30th – Walter Heinonen
30th - MaryAnn Burmeister

Move Ins:



Martha Eckroth #508
Please welcome our new tenant

Move Outs:

Helen Millen (former #304)- Keystone Bluffs

Toilet condensation



Warm temperature & high humidity may cause your toilet tank to sweat. Please place a towel on the floor to absorb dripping water, or place plastic containers on each side of the tank where the dripping occurs.

Leaving standing water on the floor will cause permanent damage!

Apartment Windows

We anticipate the start of window washing to begin around the first week of September. Specific dates will be determined by the company doing the work. We will give you plenty of advanced notice.

Please let us know if you

DO NOT need your windows done.
DO NOT ATTEMPT TO REMOVE AND WASH YOUR OWN WINDOWS.

Intergeneration Monday (K.E.Y. Zone)

This weekly activity has been cancelled due to lack of participation

Senior Citizen Day at Wade Stadium

Wednesday, July 26th at Noon

Come enjoy the fun!

\$4.00 tickets at the gate
(for fans over 60)

Duluth Huskies

vs.

Thunder Bay Border Cats

Giveaways, fun, games and a chance to win 2018 Season Tickets!!



Living Well with Chronic Conditions – Workshop at Faith Haven:

Arrowhead Area Agency on Aging is offering a 6-week workshop for people managing chronic physical or mental health conditions.

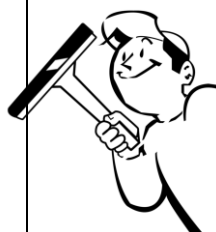
Six sessions 2.5 hrs per session
Wednesday(s) Aug 16-Sept 20
2:00 – 4:30 in Faith Haven library

This evidence-based workshop guides people in exploring healthy ways to live and maintain active lifestyles while managing conditions such as diabetes, cancer, heart disease, chronic pain, arthritis, depression, or anxiety.

This class is nearly full so if you are interest call right away!

Contact: Katey Fornear 218-529-7531

This workshop is also open to family members and/or caregivers



After Hours Emergencies:

Andy 391-9323 / Dean 590-5602

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August Birthdays

4th – Linda Wilmot
13th - Sharon Farrell
18th – Candace Mankowski
21st - IvaJean Vedo
24th – Betty Nelson
27th – Patricia Johnson & Jan Bushell
29th – Matrue (JoAnn) Smith



Move Ins:

Emil "Joe" LaRue #511
Please welcome our new tenant

Community Room Reserved

Saturday, Aug. 12th 2pm - ??

AARP Defensive Driving class(s)

Open to all licensed drivers age 55 +
A Certificate of Completion may entitle you
to reduced car insurance rates!

Held at

Evergreen Senior Center
5830 Grand Ave.

Refresher 4-Hour Class

Tuesday, August 22nd 1-5 PM
Tuesday, September 19th, 1-5 PM

First Time 8-Hour Class

Saturday, August 19th 9 AM – 5 PM

Class Fees - \$15 AARP Members
\$20. Non-Members

**Pre-registration is required 218-730-4319

*Check with your insurance company to see
you can receive a reduced insurance rate.*

Classes are also offered at
Portman Senior Center
4601 McCulloch St.

See 1st floor bulletin boards for more info.

THINK

- T** Is it **TRUE**?
- H** Is it **HELPFUL**?
- I** Is it **INSPIRING**?
- N** Is it **NEEDED**?
- K** Is it **KIND**?

Hi-Rise Beauty Salon

Looking ahead... as "**FALL**" sets in, so
does the price of your hair-cut at

Hi-Rise Beauty
Salon.

Receive \$2.00 off a
haircut

in the months of
September & October

(Faith Haven Resident only)



Regular fees are:

\$15.00 shampoo, cut, style
\$ 8.00 basic dry cut

Bed Bug Awareness

Please continue to be conscientious
regarding smart practices to protect
yourself, your apartment &
Faith Haven from bedbugs.

There are on-going reports of bedbugs in
other multi-unit housing facilities, colleges
dormitories, hotels, etc.

If you have friends visiting or (of greater
concern), overnight guests who bring
sleepwear, bedding or backpacks, please
ask them to be certain they aren't bringing
items in that could be infested.

Also, if you are getting items from places
like Goodwill, Salvation Army, Savers or
accepting used items, inspect those items
first. If it is clothing, wash and dry the item
on the hottest temp the fabric can safely
withstand. If the item cannot be washed,
place it in the dryer for 30 minutes on high.
Used bed frames, couches, loveseats and
recliners should be thoroughly inspected as
well, as they are often slept on.

**PLEASE IMMEDIATELY report
to the office any suspicions or
concerns of bed bugs.**

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